

Report of The Season 2018/2019

Training

The preparation season started on 30. 04. 2018. with off-ice training from Monday to Friday 5 times a week for 1,5 hour until 28. 07. 2018.

Then there was announced a training camp in Budapest (30. 07. - 05. 08.) for everyone where finally only 2 skaters (Ina and Bor) participated. They had 6-7 hours of training daily including 3 hours of Ice time.

From 13. 08. - 19. 08. we had our yearly training camp in Celje, which was successful, gave good final preparation for our skaters to the upcoming season. There was 2 training daily for all two groups.

During the Ice skating season (August – middle of April) we had our regular training 7 times a week from Tuesday to Sunday. Monday was the rest day, and there were Tuesday morning training for those skaters who could come, mostly skaters who are in Kajuh gymnasium in sport class.

Coaches

The coaches were the same like the last year:

Head Coach – David Mano Loth

Coach and Team Leader and Organizer – Urban Kalsek

Assistant Coach – Tjasa Kroflic

During the Ice Season, the club skaters were in two groups: Younger group (Masa, Vid, Zoja, and some more younger kid) and Older group (Primos, Valentino, Bor, Ina, Ursa, Tibor, Dina)

The coaches shared the work like the following:

Tjasa had the Younger group following my instructions (2-3 times per week)

Urban had some younger kid (app. 1 time per week)

I had the Older group every training day

Urban's main focus was on the organization this year, organize most of the things such enter skaters to competition, travelling to competition, book accommodation, inform parents.

I was not just having the everyday training but also went to competitions with the skaters.

Competitions

The Skaters of the Club participate on 12 International Competition this season.

- 3 ISU Challenge Series
- 4 Alpe Adria Series
- EYOF
- Junior World Championships
- European Championships
- And other International Competitions in our region

I would say that the club members participation on club interests competitions were good, that means on the Alpe Ardia series we went always with almost the biggest number of the skaters. Their result in this series was good, I'm satisfied whit the results.

Same like last season this season also two skater of our club meet with the criteria to go to Junior World Championships (Ina and Bor). Their results were below the expectations Ina's results due to equipment difficulties (her luggage were lost in the airport for 5 days) and Bor's due to less amount of training (comparing to previous years) regarding school activities.

One skater of our club meet the criteria for European Championships (Bor).

This season we had an opportunity to send skater (Ursa) to EYOF. She had difficulties during the preparation season due to a previous injury.

I have to mention Dina, Tibor and Valention who were perform during the season over the expectations according to their time results on almost all distances.

New Equipements

Our inventory became bigger.

- New bicycle and spinner
- Ladder and hurdles

Members

Primos Jurak cancelled his membership at the end of the season.

The club has three new members, Masa Kek, Zoja Felicijan, Vid Gal.

There were 2-3 kids during the season who had interests to be a member of the club, they may join us in the next season.

Professional Opinion

The most of the skater of our Club were working hard on the training and they did progress according to my prognosis and to their possibilities.

I have to write it down for the fourth time that the participation on the training should be higher than this.